Instructions for SARS-CoV-2 Rapid Test by the company Watmind (so-called saliva or lolly test) for children in nursery schools

The rapid tests described below that are done as a self-test shall help to detect infections among children in nursery schools at an early stage and thus minimise the transmission of diseases in the facility. However, rapid tests are not perfect since not all persons are actually detected. Therefore, it is mandatory to further observe the applicable distancing and hygiene regulations. Moreover, not every test person with a positive rapid test is actually infected. This is why every positive rapid test finding has to be verified by a more accurate PCR test.

We recommend doing the test after getting up, before eating and brushing teeth. A swab is placed under the tongue to do the saliva test. Swab and evaluation can be carried out by the parents according to these instructions. To do this, please follow the steps as described:

**Step 1: Preparations**

Perform the swab at a clean location.

- Check the test kit for completeness and get the material ready (tube with buffer solution and cap, swab and test device)
- Open the packaging of the test device and place it before you.
- Ask your child to collect as much saliva as possible inside the mouth (by moving the tongue and mouth)
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Step 2: Take swab

✓ Open the packaging of the stick with the swab at the grip end and remove it from the package without touching the head of the swab.
✓ Place the swab for 10 seconds **under the tongue** of your child and rotate it for 5 times until it is entirely wet.

Step 3: Sampling

✓ Open the lower (large) cap of the tube filled with the buffer solution.

✓ Insert the swab into the sampling tube and dip the head of the swab completely into the solution.
✓ Mix the solution by rotating the swab against the side of the tube for ca. 10 times and squeeze the tube manually 5 times.
✓ Bend the head of the swab and leave it in the tube.

✓ Fasten the lower cap of the tube and shake the tube 5-6 times.
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Step 5: Test procedure

✓ Open the upper (small) cap of the tube.

✓ Apply 3 drops of the sample to the specimen well of the test device. Close the upper cap of the tube.

✓ Wait for 15 minutes. NOTE: The test device must not be moved or touched during this time.

Step 6: Interpret results

✓ After 15 to 20 minutes the result can be read directly (C=Control line, T=Test line).

Line only with C:

➢ Test is negative,
➢ Caution: Infection cannot be excluded for sure
➢ In case of COVID 19 symptoms, visiting the care facility is prohibited.

Line with C and T:

➢ Test is positive,
➢ Take further steps, see below
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Line **only** with T:
- Test is invalid and has to be repeated

**No lines:**
- Test is invalid and has to be repeated

Put the entire test material into a plastic bag that is disposed of closed with residual waste. Wash your hands or disinfect them, ventilate the room and clean the pad with a disinfecting tissue.

**Procedure in case of a positive test result:**

A) Testing at home
- The parents immediately inform the head of the nursery school or the day-care centre. They will take all further steps (see B).
- To verify the positive rapid test result, the parents shall arrange immediately for a (free) PCR test.

B) Testing at the nursery school:
- The child is provided with a medical mouth-nose cover if this is well tolerated by the child. The parents should stay close to the nursery school until they receive the test result. During the short period until the parents pick up the child, the child will be supervised by an educator wearing an FFP2 mask either outdoors or in a separate, well-ventilated room, depending on the weather or local conditions. The parents go home with the child immediately. Public transport must not be used for going home.
- It is urgently recommended that the affected child and household contacts remain in domestic isolation or quarantine or go home directly.
- The head of the nursery school draws up a test certificate and sends it immediately to the Public Health Department of the City of Stuttgart (Fax: **0711 216 9510328**). The test certificate can be found at:
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https://coronavirus.stuttgart.de/item/show/708670/. The parents are provided with a copy of the test certificate.

➢ To verify the positive rapid test result, the parents shall arrange for a (free) PCR test as soon as possible.

Where can the PCR test be done?

A negative PCR test overrides the positive rapid test. In the event of a positive PCR test the Public Health Department arranges the corresponding isolation measures.